

# Fencing Tournament Checklist

(borrowed/adapted from Coach Kate Sierra at Cutting Edge Fencing)

This checklist covers the essentials you will need for a fencing tournament. Make sure to arrive **at least one hour before the “close of registration”** time listed for your event; that will give you ample time to get your equipment checked, warm up, etc.

**Bolded** items must be equipment-checked by the tournament armorer before your event.

- \_\_\_\_\_ USFA Membership Card or other proof of USFA Membership
- \_\_\_\_\_ Proof of age (for fencers under 18 and Veteran fencers over 39)
- \_\_\_\_\_ Waiver (download from AskFred where possible; usually also available at check-in)
- \_\_\_\_\_ Shoes
- \_\_\_\_\_ Socks (knee-high, must cover leg completely, up to the fencing knicker)
- \_\_\_\_\_ Fencing pants (Knickers)
- \_\_\_\_\_ Fencing jacket
- \_\_\_\_\_ Underarm protector
- \_\_\_\_\_ Chest Protector (mandatory for all female fencers; optional for males)
- \_\_\_\_\_ **Glove**
- \_\_\_\_\_ **Lame**
- \_\_\_\_\_ **Mask**
- \_\_\_\_\_ 2 working weapons
- \_\_\_\_\_ **2 working body cords**
- \_\_\_\_\_ **2 working mask cords**
- \_\_\_\_\_ Entrance fee
- \_\_\_\_\_ Change of clothes for post-fencing
- \_\_\_\_\_ Water bottle/sports drink
- \_\_\_\_\_ Snacks for between rounds, like fruit, granola, muffins, trail mix, veggies, energy bars
- \_\_\_\_\_ Money for lunch, snacks, a tournament t-shirt, etc.
- \_\_\_\_\_ Book or activity for the day (parent)
- \_\_\_\_\_ Portable or folding chair (parent)
- \_\_\_\_\_ Extra layer in case the venue is extremely air conditioned (parent)